



Volunteer News

July / August 2010



The breeze, the trees, the honey bees - All volunteers!
~Juliet Carinreap

"I appreciate these meals and feel I wouldn't have the variety otherwise. They are tasty and satisfying. The volunteers are very friendly and always smiling." - Meals on Wheels client



VOLUNTEERS IN MOTION! Together we build strong communities.

Enterprise Rent-a-Car, Intact Insurance and the Co-operators group have come together to support Calgary Meals on Wheels with the Adopt-a-Route Program. The employee volunteer program fosters team building within the company, promotes volunteerism and gives employees the opportunity to make a difference in the community.

Teams adopt-a-route one day a week or more for two hours and can expect to deliver meals to about 12 to 16 client's homes. Every Wednesday and Thursday these groups will be out in the community.

One meal at a time, one neighborhood at a time, we deliver more than just a meal!



YAHOO... Calgary Stampede has arrived.

Recently, North Hill Lions Club partnered with our organization and joined the Adopt-a-Route Program. This year we have asked volunteers and staff to help sell Lions Lucky Loot Lottery tickets at the Stampede to help raise funds in support of our programs. We would like to thank you all in advance for giving your time and signing up for a shift. Have Fun!

MEMO: Client Monthly Invoice Envelopes

For the first week of each month, client invoices are sent out on route clipboards. Please only give envelopes to client's receiving a meal. Leave other envelopes on clipboard for next day delivery.

SUMMER DRIVERS NEEDED!

Calgary Meals on Wheels needs summer volunteers to deliver meals. At the beginning of the summer every year, due to vacations and work plans, we lose many volunteers. If you are looking for a way to fill your time this summer or know of someone, please consider helping out your homebound neighbors. It takes just two hours one day a week. Call Liz at 403-243-2834 or email at volunteer@mealsonwheels.com.



Mark your Calendars!

OFFICE CLOSED - NO DELIVERIES

Monday, August 2 - Heritage Day

Monday, September 6 - Labour Day

Monday, October 11 - Thanksgiving Day