

Volunteer Awards and Recognition Luncheon

April 18–24 was National Volunteer Week. Thank you so much to all of our volunteers for all the hard work and dedication you provide us each and every day.

On Tuesday, April 20th, Calgary Meals on Wheels honoured our extraordinary volunteers at our Annual Volunteer Recognition and Awards Luncheon. Over 200 people attended, and it was an afternoon of great fun and fellowship. Thanks to our kitchen team we all enjoyed delicious food, and everyone was pleased with the new location at the South Calgary Community Association building.

In our over 44 years of service, CMOW has been blessed with many loyal and dedicated volunteers. Without our volunteers, we could not operate. To help us recognize and award some of these volunteers we were joined by several Calgary aldermen: Deputy Mayor and Ward 6 alderman, Joe Connelly; Jim Stevenson, Ward 3; Bob Hawkesworth, Ward 4; Ray Jones, Ward 5; John Mar, Ward 8; Andre Chabot, Ward 10; and Ric McIver, Ward 12. Board President, Eileen Gukert; Executive Director, Janice Curtis; Volunteer Resources Manager, Liz Kehler; last year's Patricia Bourne award recipient, Roberta Martell; and Dorothy Girling had the pleasure of presenting this year's awards.

2010 Outstanding Volunteer Service Award

Hattie Boothman, Eleanor Chmilar, Pamela Lillywhite, Anne Pawlelek, and Helen Ruddock received this award in recognition of their devoted service and incredible gift of time.

2010 Patricia Bourne Memorial Award to Vivian McDonald

Our organization's highest honour was presented to Vivian McDonald. This year alone she has contributed over 360 hours of her time, and takes extra routes when she is called on. We are in debt to Vivian for her exemplary service.

NEW 2010 Bill Girling Heart Award to Laverna and Tedd Jennings

For 25 years Bill Girling volunteered for Calgary Meals on Wheels, and contributed over 5500 hours of service. In honour of his service and in his memory, his wife, Dorothy Girling, has established the Bill Girling Heart Award to recognize volunteers who exemplify his heartfelt dedication to our organization. This inaugural year, the deserving recipients of this award are Laverna and Ted Jennings. Their combined contribution adds up to an impressive 62 years and 5800 hours of service to Calgary Meals on Wheels.

69 people from our wonderful corps of volunteers received certificates for their hours of service. 33 volunteers received letters to recognize 25 to 45 years of service. Hattie Boothman and Laverna Jennings have given of their time for 45 years, and are still volunteering. What an incredible record.

Congratulations to all those who received awards, and thank you to all our amazing volunteers. We so appreciate the time and effort you give to Calgary Meals on Wheels.

Special Thanks to Adopt A Route Partners

Thank you to our Church Groups Hope Lutheran Church, Advent Lutheran Church, Foothills Lutheran Church, Holy Name Parish, St. Laurence Anglican Church, St. Bonaventure Parish, Knox Presbyterian, Varsity Acres Presbyterian.

Thank you to our Corporate Groups IBM Canada, Centron Group of Companies, O'Rourke Engineering Ltd., Hopewell Group of Companies, and Shell Canada.

Welcome Calgary North Hill Lions Club and Enterprise Rent-A-Car to our growing Adopt a Route Partners.

Congratulations to Calgary Meals on Wheels volunteers who are nominated for Provincial and Municipal volunteer awards..

Margaret Mazurek – Minister's Seniors Service Award, Government of Alberta Seniors & Community Supports

Eleanor Chmilar – Community Advocate Award, The Calgary Awards – City of Calgary

Lily Halvorson – Outstanding Calgary Seniors' Award – Calgary Chapter, Alberta Association on Gerontology (CAAG)

June and Arch Dickson – Heart of Calgary Award, Volunteer Calgary

Laverna Jennings – Volunteer in Profile Award, Volunteer Calgary



Laverna Jennings & Hattie Boothman



Vivian McDonald



Dorothy Girling, Laverna Jennings, Alderman Joe Connelly and Tedd Jennings



The Bill Girling Heart Award Plaque

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Join Albertans from across the province and the Seniors Advisory Council for Alberta in celebrating seniors and their contributions to our communities.

Seniors' Week Events: June 7 - 13

- June 5 Aging and Active Living Expo, Max Bell Centre, 10 am to 7 pm
- June 7 Province Wide Senior's Week Kick-Off Celebration, Calgary Zoo, 9 am to 12 pm (Bus \$2 round trip from Kerby Centre)
- June 8 Older Adult Resource Fair, Southcentre Mall, 10 am to 2 pm
- June 9 Seniors' Resource Fair, Westbrook Mall, 10 am to 1:30 pm
- June 11 Seniors' Fair, Calgary Public Library, Central 11 am to 3 pm
- June 12 Senior's Fair, Calgary Public Library, Crowfoot 11 am to 3 pm

Visit www.seniors.alberta.ca/seniorsweek for more information on events throughout Calgary.

**Calgary Meals on Wheels
seeking more
GREAT VOLUNTEERS!**

- Client Services Committee Members
- Volunteer and Awards Committee Members
- Meal Delivery - Van Drivers
- Office Support - Reception
- Special Events - Booths
- Adopt-A-Route

Visit www.MealsOnWheels.com or call Liz at 403-243-2834 for more information.

GET INVOLVED!

Wednesday Collection Procedure Reminders:

- ◆ Count float to make sure it totals \$20. Please note on sheet if the amount is over or under \$20.
- ◆ Write actual amount and type of payment received by client's name. Please accept any payment amount.
- ◆ If client is not on sheet, accept payment and write their name, client number and payment collected on collection sheet.
- ◆ Write and issue a receipt for all payments received.
- ◆ Write in the total amount collected and sign your name. Do not include coupons and float in total amount.

Our Collection Counting Volunteers Thank You For
Following This Procedure

On May 30 Calgary Meals on Wheels is participating in the Scotiabank Calgary Marathon. Volunteer Course marshals are needed. Marshals ensure that the course is clear for runners, and cheer them on as they run by. Volunteers are eligible for exclusive volunteer draw prizes, will receive a technical race t-shirt and refreshments will be provided.

For more information go to
<http://enews.calgarymarathon.com/2010-05-11>
or Register online to volunteer at
<http://www.calgarymarathon.com/volunteer.html>

JOIN US FOR
CALGARY MEALS ON WHEELS

STAMPEDE BBQ LUNCH

TUESDAY, JULY 13
11:30 AM TO 1:30 PM
3610 MACLEOD TRAIL SE

Thank you to the volunteers who helped pin up posters. Is there a place these posters can be put up in your area? If so, please let us know.

2010 Calgary Meals on Wheels Closures

- **Monday, May 24 (Victoria Day)**
- *July 1 (Canada Day)*
- *August 2 (Heritage Day)*
- *September 6 (Labour Day)*
- *October 11 (Thanksgiving Day)*
- *November 11 (Remembrance Day)*
- *December 27 (in lieu of Christmas Day)*
- *December 28 (in lieu of Boxing Day)*

Be The Difference... Volunteer. Give More Than Just A Meal.